



## How to Use This Manual

This manual was developed to assist you in achieving IHS recognition of your diabetes education program. The *National Standards for Diabetes Self-Management Education* (May 2000) serve as the framework of the manual. Review criteria are listed for each of the ten national standards. Within each standard, review criteria are divided into three levels:

► **LEVEL 1 – DEVELOPMENTAL**

Achievement of all review criteria at this level shows your community that your health services are starting to work to develop a quality diabetes program.

► **LEVEL 2 – EDUCATIONAL**

Achievement of all review criteria at this level shows your community that you provide quality diabetes education services.

► **LEVEL 3 – INTEGRATED**

Achievement of all review criteria at this level shows your community that you provide an integrated public health approach, including quality diabetes education, clinical and public health services.

These three levels allow you to build your program success by using a three-stage approach. Level 1 provides your program with a framework to build the infrastructure and capacity necessary to sustain a quality diabetes program. Level 2 helps you implement the structure, process and outcomes needed to assure a quality Diabetes Self-Management Education program. Level 3 integrates educational, clinical and public health services for exceptional diabetes education and care for the community.



Two types of recognition are available from the IHS Integrated Diabetes Education Recognition Program (IDERP).

► **Diabetes Education Program Recognition**

This means you meet all review criteria listed in Levels 1 and 2 for all standards.

► **Integrated Diabetes Program Recognition**

This means you meet all review criteria listed in Levels 1, 2 and 3 for all standards.

Either type of IHS recognition enables programs to seek Medicare reimbursement.

Applicants for IHS recognition need to become familiar with the standards, review criteria and application in this manual. It is helpful to periodically use the *Reviewer Checklist* in Section 5 to complete a self-assessment of your diabetes education program. By using this checklist you will learn which criteria you need to work on. It is best to apply for IHS recognition when you have achieved all required review criteria.



## How to Use This Manual (continued)

The manual is organized into the following sections:

► **SECTION 1**

This section contains each of the ten IDERP standards and corresponding review criteria.

► **SECTION 2**

This section contains definitions of terms used in this manual.

► **SECTION 3**

This section contains the listing of IHS Model Diabetes Programs and Area Diabetes Consultants and Advisors.

► **SECTION 4**

This section contains the *National Standards for Diabetes Self-Management Education* (May 2000) and *IHS Standards of Care for Patients with Type 2 Diabetes* (August 2003).

► **SECTION 5**

This section contains *Reviewer Checklists* with each standard and review criteria listed by level. The checklists in Part 1 include Levels 1 and 2. The checklists in Part 2 include Levels 1, 2 and 3. These are the checklists IDERP reviewers use to evaluate applications for IHS recognition.

► **SECTION 6**

This section contains the IDERP application.

► **SECTION 7**

This section contains the listing of contributors to this manual.

For more information about the IHS Integrated Diabetes Education Recognition Program (IDERP) application procedure, other IDERP resources, or technical assistance, please contact:

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